



Cairngorm Hotel
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Gluten Free Menu



# Cairngorm Hotel

In accordance with EU Food Information Regulation, information regarding allergies and intolerances on all menu items is available on request

### Starters

Hearty Highland Soup £6.95
Served with oatcakes

#### Chicken Liver Pate £9.85

Our tasty home-made pate is served with oatcakes and a winter chutney

#### Potted Hot Smoked Salmon Pate £9.95

Scottish hot smoked salmon with creamy horseradish, sour cream, a twist of lemon juice and a kick of Tabasco.

Served with oatcakes and salad

(Available From 5pm)

#### Cairn's Steamed Mussels £12.50

Tossed in a white wine, cream, garlic & onion sauce Available as Main Course £21.95

### Lunchtime Dishes

(Available Before 5pm)

#### Cairngorm CBLT £16.45

The perfect match – succulent warm chicken and tasty bacon topped with melted mozzarella and a pesto dressing on toasted gluten free bread.

Served with salad and chips

## Jacket Potatoes

Served until 5pm

The perennial favourite with your choice of tasty filling £10.95

Cheese, Coronation Chicken, Coleslaw, Baked Beans, Chicken & Sweetcorn Mayonnaise, Tuna Mayonnaise, Prawn Marie Rose (£1.95 extra)



Gluten Free Beers Available

### All Day Main Courses

#### Prime Scotch Sirloin £31.95

Prime Scotch sirloin, char grilled to your preference, served with whole grilled tomato & chips

#### Prime Scotch Rib Eye £32.95

Tender as fillet, flavoursome as rib. This steak is char grilled to your preference and served with whole grilled tomato and chips

> Upgrade to Surf & Turf +£6.50 Scottish Blue Cheese Sauce +£4.75

### Lamb's Liver, Bacon & Onions £17.45

Served with mash & onion gravy

Vegetarian Shepherd's Pie (ve) £17.45

Our take on this comforting dish has lentils, carrots, onions, celery and mushrooms cooked in a rich tomato sauce and topped with sweet potato mash. Served with a side order of vegetables of the day

#### Cajun Chicken £18.65

Butterflied breast of chicken coated in Cajun spice, smothered with a spiced butter and served with chips, whole grilled tomato and a sour cream and chive dip

(Available From 5pm)

#### Grilled Fillet of Sea Bass £21.95

Served with crushed new potatoes, garlic butter, fresh salsa verde and sun blushed tomatoes

#### Spicy Summer Salmon £21.95

Served with a crunchy sweetcorn and pepper salsa and boiled potatoes

#### Highland Loin of Venison £29.95

Locally sourced venison served with a port and thyme sauce. With mash and Savoy cabbage and bacon



#### Cairn's Cheese Platter £10.95

Orkney cheddar, clava brie & Scottish blue cheese served with oatcakes & grapes

Trio of 'Local' Italian Ice Cream £8.00

Trio of 'Local' Italian Style Sorbet (ve) £8.00